

What we
should
know

AS
HUMANS

By. Anthony Coleman

“All I know is first, you’ve got to get **MAD**.
You’ve got to say, ‘I’m a **HUMAN BEING**,
GOT DAMMIT! My life has **VALUE!**’” -
Network (1976)

LETTER TO HUMANITY- Part 1

Do you know what it means to be human? Is it possible that we, as humans, have certain obligations and responsibilities in life?

A firefighter's duty is to battle fire. A policeman's duty is to uphold the law. A doctor's duty is to heal the sick. A teacher's duty is to teach. But what is the duty of a human being?

Life is full of distractions and it's possible to lose sight of what's most important. We, as Americans, lost sight of what it means to be human, but thankfully, the meaning can never be lost. If that is the case, what does being human mean?

To LOVE EACH OTHER and OURSELVES with the faith of being LOVED in return. But what does love mean?

Love means Caring, Dignity, Discipline, Empathy, Faith, Forgiveness, Happiness, Honesty, Independence, Integrity, Loyalty, Perseverance, Respect, and Unity!

This meaning doesn't mean that we are responsible to save all the people in the world, but it does mean we are responsible to do what we can, where we are.

In America, there are certain groups of people who are being oppressed and victimized. America claims equality for everyone, but that isn't true. There is a system in America that only benefits certain groups of people and those who aren't in those certain groups lose out.

This system in America was created for the purpose of supporting and maintaining money, power, control and influence and the value of a human being is only significant if it helps that purpose. If an issue in America does not directly affect the system's purpose, it isn't considered an issue. There are people who are suffering, not just physically, but mentally and emotionally but because such issues aren't a threat to the system's money, power, control and influence, the country couldn't care less.

The purpose of this letter is to bring you to acknowledge that in America, the value of wealth, social status, and reputation outweighs the value of a human being! We cannot accept living from a system like this. It's about time to abandon this system to create one of our own where everyone is treated with equal respect and opportunities.

This new system's main focus isn't to 'change the world', but to bring awareness to every

individual that regardless of our past, circumstances, or any other differences, we are first human beings that deserve to be treated like one and obligated to act like one.

Let this new system give all individuals what this 'old system' won't. Let this new system do something about problems such as bullying, low self-esteem, drugs/alcohol, out of wedlock births, education, crime, racism, sexism, self-destructive behaviors, divorce, absent fathers, etc. There are those of us who are suffering through such issues because we don't know who we are and who we could become.

We cannot continue to judge our worth based on society because that is the way of the 'old system'. Every individual, regardless of race, sex, sexuality, age, social status, etc., do not have to prove their worth to the world because we are born worthy. How? Because at the end of the day, we are all human who wants to love/be loved and with that truth, let's make this new system into a movement where everyone can experience this freedom and let this movement be called the Human Race Movement! As a human being, you have the potential to make a difference in your life, for your life and in/for the lives of others!

P. S. Remember, hatred isn't the only ingredient that destroys humanity. The one most dangerous ingredient of all is..... indifference.

P. S. S. The purpose of this booklet is to bring light to what has been in darkness for too long. Let's free our minds from the shackles of ignorance and take back what's been stolen from us! We are better and can do better than this!

Do not conform to the corruption of society. Always represent truth! It's hard, especially when you see so many people who don't care, but know this: Truth isn't for those who will give up and/or give in, but for those who will never abandon hope!

DID

YOU

KNOW?

1.

AS HUMANS, our individual worth isn't from our ethnicity, gender, sexuality, religion, age, or social status, but from our humanity.

2.

AS HUMANS, we
are all valuable and
unique individuals
because not one of
us are exactly the
same.

3.

AS HUMANS, we don't have to prove our worth to the world because we are born worthy. We can never lose this truth, but we can lose sight of it.

4.

AS HUMANS, we
all desire to be
wanted, needed, and
loved.

5.

AS HUMANS, we
must realize that
each of us has the
potential to love.

6.

AS HUMANS, we
have a right to love
and to be loved
while having the
obligation to love
ourselves and each
other.

7.

AS HUMANS, we understand that love is a combination of virtues such as trust, honesty, caring, kindness, respect, happiness, loyalty, and forgiveness.

8.

AS HUMANS, we
are obligated to
represent the virtues
of love, even when
others choose not to.

9.

AS HUMANS, we
are responsible in
creating a foundation
of self-love.

10.

AS HUMANS, we
have to love
ourselves before we
love others because
we treat others the
way we want to be
treated.

11.

AS HUMANS, we know that love is a connection that gives us what we cannot give ourselves. We are given inspiration, strength, comfort, and encouragement.

12.

AS HUMANS, it is
to our benefit to
surround ourselves
with people (we
love) who will help
us move forward, not
hold us back.

13.

AS HUMANS, we
only have one life to
live, which means,
we only have one
shot to make it right.

14.

AS HUMANS, we have a choice to go in any direction in life. Keep in mind that what we do and what we don't do can either be beneficial or harmful towards ourselves as well as others.

15.

AS HUMANS, we
are not born winners
or losers, but only
what we choose for
ourselves to be.

16.

AS HUMANS, we are entitled to seek our own happiness. True happiness comes from helping others, but we should never allow others to take our happiness away.

17.

AS HUMANS, we must be aware of our weaknesses of being greedy, envious and lustful. Such weaknesses can cause us to lose sight of our dignity, integrity and character.

18.

AS HUMANS, we have the tendency to hurt others when we feel hurt. Let's not let our unhappiness spoil the happiness of others.

19.

AS HUMANS, our main focus should be developing and maintaining our morals, values and standards.

20.

AS HUMANS, if we do not have a solid idea of who we are and what we stand for individually, we will try to be popular by doing what others are doing or be what others expect us to be.

21.

AS HUMANS, we make the mistake of thinking that just because something is popular, it's automatically right. The truth is that the most precious things in life isn't for everyone to see, but only for those who will seek them.

22.

AS HUMANS, we
have the potential to
do/be great in life,
but potential means
absolutely nothing if
it's not realized.

23.

AS HUMANS, we have
the ability to overcome
any obstacle we face.

Our duty is to establish
self-discipline which will
help persevere us through
tough times in life.

24.

AS HUMANS, we must accept that life is sometimes hard and unfair, but we cannot give up just because things might not be the way we want them to be.

25.

AS HUMANS, our
greatest strength and
motivation comes
from having hope.
Thank goodness that
there is always hope!

26.

AS HUMANS, whatever we believe, we will live our lives based on that belief. If we believe we are weak, we will feel we have no control. If we believe we are strong, we will feel we have control.

27.

AS HUMANS, we
have the habit of
blaming others or
trying to justify our
mistakes than taking
responsibility.

28.

AS HUMANS, we
are not perfect, but
we are able to learn
from our mistakes
(and from the
mistakes of others)
and do/be better.

29.

AS HUMANS, we
often complain about
things that we can
change.

30.

AS HUMANS, we limit our choices based on what we believe we are able to do. If we believe that we are able to do or become anything we desire, with hard work, our choices become limitless.

31.

AS HUMANS, we
are capable of
finding a dream or
purpose for our lives
and living to fulfill
that dream or
purpose.

32.

AS HUMANS, we can
achieve the title
“successful” when we
have a goal, which we
pursue, that we can call
our own, that brings us
personal satisfaction and
happiness.

33.

AS HUMANS, we are never too weak or too injured to fight, if the cause is greater than our own lives. Also, when we fight, it shouldn't just be about winning, but making a stand towards what we believe in.

34.

AS HUMANS, we want
our children to do/be
better in life in order for
them to have better. As
adults, we cannot give
them the same or worse
than what we were
given.

35.

AS HUMANS, we excel
when we know that
someone believes in us to
do better. That is why
God is so praiseworthy!
He said the sun will rise
for both the righteous and
the wicked. He has faith
in all of us, but we must
believe in ourselves as
well.

LETTER TO HUMANITY- Part 2

The purpose of this movement is to educate individuals on the value of being human. To be human means to have the potential to love.

Our nation is filled with stereotypes, bigotry, racism, ignorance, hatred, discrimination, indifference, loneliness, low self-esteem, arrogance, etc., and these negative qualities are affecting our children. There are children in our country who aren't even aware of their invaluable worth as being human, but yet judge themselves and others by these negative qualities.

I fear that we, as a nation, focus more on educating our children on the idea that success means obtaining a high level of wealth, social status and reputation. With this idea, our children will start to form the belief that their worth in society is based only on the conditions of this “success”. Understand that this cannot be our nation’s view of success because immoral people can obtain it. Immoral people can have a high level of wealth, social status and reputation. We cannot allow our definition of success coexist with the negative qualities of our nation as well as be attained by those who choose to be immoral.

We need to reevaluate our definition of success and then make a drastic change! With success as a goal, there are steps to take in order to reach that goal by following a certain format.

However, if you change or amplify the goal, wouldn't the steps and the format also change or be amplified? If we do not do something to change our view, then our children will continue to pursue our view of success while embracing the negative qualities of our nation.

This movement will bring awareness to what our children are lacking and what they desperately need. There should be no child, I repeat, NO CHILD that believes they have to prove their worth to society because they are all born worthy. Our children, our students, our youth are the next generation of our future, and as adults, we must guide them to a better path than what we were given.

As adults, we cannot live by, "Do as I say, not as I do" because children are going to see what we are doing regardless. If we do not value character traits/virtues in our nation as much as we do wealth, social status and reputation, our children will not see the overall significance of love being necessary to be truly successful. We need to set an example for them to follow for they can have faith in us as well as faith in themselves. However, if we do not set that

example, each generation of our children will find the ability to love themselves more difficult, which results in loving others more difficult as well.

We must fight, not just for ourselves, not just for our children, not just for our humanity, but for love and its constant ability to allow us to become better than who we are. With that said, we must show appreciation to the **Author of Love** for such a precious gift because it's His way of proving that He did not lose faith in us, even when we lose faith in ourselves.

“Teacher, what is the most important commandment in the Law?”

Jesus answered:

“Love the Lord your God with all your heart, soul, and mind. This is the first and most important commandment.

The second most important commandment is like this one. And it is, ‘Love others as much as you love yourself.’”

Matthew 22:36-39
(Contemporary English Version Bible)

THE HUMAN RACE MOVEMENT

To be human is to
love.

To love is to be
human.

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